

CRANSLEY SAILING CLUB

HEALTH AND SAFETY POLICY



Club Policy

Cransley Sailing Club is a voluntary organisation run by member of the club. The club provides sailing facilities for its members at Cransley Reservoir for recreational and dinghy sailing and dinghy racing. The club is an RYA recognised training centre and runs dinghy sailing and powerboat courses in accordance with the RYA National Sailing, Youth and Powerboat Schemes for its members.

It is the policy of Cransley Sailing Club to provide a safe environment for its members. To this end the club endeavours to ensure that all risks are identified and appropriate control measures are put in place in compliance with HSE and RYA guidelines.

A formal assessment of the club activities and facilities are performed on a regular basis not exceeding two year intervals by a senior officer of the club. Records of the clubs accidents, incidents and near miss incidents are recorded and discussed at committee meetings and appropriate action taken when necessary.

Competency and Personal Equipment

It is the responsibility of each sailor to ensure that they have the necessary skill level to participate in the on-water activities at the club under the prevailing conditions and have suitable clothing and safety equipment.

Persons are not allowed on the water or on the pontoon without a suitable buoyancy aid on. The OD has the right to refuse to allow persons onto the water if he/she has concerns due to the weather, the competency of the person or other conditions affecting the safety of the individual or of all water users.

Members' boats and trailers are regarded as personal equipment and the member is responsible for ensuring that it is maintained and stored in a condition that is suitable for the events in which they participate, such that it does not present a hazard to themselves or other water users.

Each member's boat shall be insured to a minimum of £2,000,000 against third party personal injury or accident as defined in the club constitution and rules.

Water Safety

Water based activities have a nominated Officer of the Day (OD) i.e. the person on Race Officer Duty who has overall responsibility for the safe operation of sailing on that day.

Sailing is prohibited unless there is a powered safety boat on the water on racing and designated social sailing days.

Competent sailors may buddy sail (i.e. when there are two or more boats on the water) but this is undertaken entirely at the sailors own risk as there is no safety cover provided.

Safety boats provide cover for racing and social sailing days as per the club's sailing calendar published on the website. The OD can terminate sailing if there is insufficient rescue cover and if the competence of the people sailing is not sufficient for the prevailing weather conditions.

There must be a minimum of one safety boat on the water and one safety boat moored on the pontoon. Safety boats may only be operated by trained drivers and have one crew on board who is competent to assist with a rescue.

First Aid

The first aid station is situated in the club house. Powerboats and the duty hut also have a small first aid kits. Any accidents that require first aid treatment need to be recorded in the accident book which is situated in the club house.

In the event of a serious incident or accident the duty OD or if the Commodore is on site he/she will take charge. There is a list of first aiders on the wall next to the first aid station. If in doubt call the emergency services – do not delay.

Child and Vulnerable Adult Protection and Guidelines

It is the policy of Cransley Sailing Club to encourage young people and others to take part in sailing activities but to ensure they are safeguarded from physical, sexual or emotional harm. The club endeavours not to discriminate on the basis of age, gender, disability, culture, ethnic origin, colour, religion, belief, social status or sexual identity.

The club has a welfare officer and further details including a more detailed statement can be found on the club's website and in a folder on the coffee table in the club house.

All young people under 16 must have a parent / guardian or other nominated adult on site at all times and who is responsible for their child (having particular attention to the use of changing areas).