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# Helmet Policy

Due to the nature of sailing, there is a chance that the boom may cross the boat suddenly and cause a head injury. This is especially true of beginners, so in the interest of safety, Cransley Sailing Club recommends that all sailors adhere to the Helmet Policy.

**All sailors under the age of 16 who are taking part in a training course and have not yet achieved the RYA youth sailing scheme stage 2 are required to wear protective headgear whilst sailing if instructed to do so by an Instructor**

The Senior Instructor will review the weather conditions throughout the session and should conditions dictate the Senior Instructor will instruct students to wear headgear for their own protection. Should a student refuse, they will not be able to go on the water until the Senior Instructor decides that headgear can be taken off if a student wishes to do so.

Principal Cransley Sailing Club